

Child Care Health Consultation Health Issue Training Lesson Plan

Contractor (LPHA) Name: Cape Girardeau County Public Health Department

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Health and Safety Standards	Training Levels
<input type="checkbox"/> Promoting Risk Management Practices <input checked="" type="checkbox"/> Protecting Children and Youth <input type="checkbox"/> Promoting Physical Health <input type="checkbox"/> Promoting Mental Health <input type="checkbox"/> Promoting Healthy Eating	<input checked="" type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Source: Core Competencies for Early Childhood and Youth Development Professionals (Kansas and Missouri), 2011

Title: How to Respond in Unsafe Situations 2.0

Learning Objective(s):

- Recognize communication danger signs
- Apply skills to communicate effectively in tense situations
- How to deal with an intruder
- Using a deadly weapon with an intruder

Topical Outline of Content	Resources Used
<p>Introduction, welcome</p> <p>Instances where communications can become tense with staff/family conflicts</p> <p>Signs that communications may be breaking down:</p> <ul style="list-style-type: none"> • Emotions are escalating • Put downs/invalidations • Avoidance/withdrawal • Negative interpretation • Techniques to stop escalation • Verbal De-escalation techniques <p>How to deal with an intruder</p> <p>Hide, fight, run and get out</p> <p>Using a deadly weapon with an intruder</p>	<p>PPT, Lecture, discussion</p> <p>Resource HO: How to Deal with an Intruder in Your Home</p>

Method(s) of Outcome Evaluation: Group discussion, Q & A

Health Issue Trainings are developed utilizing best practice references such as the "Kansas and Missouri Core Competencies for Early Childhood and Youth Professionals" (Content Area V: Health and Safety), and the National Health and Safety Performance Standards, "Caring for Our Children." Consultants developing new lessons for Health Issue Trainings should use this template and submit to the CCHC Program Manager, for submission to the Missouri Workshop Calendar for Program approval. Health Issue Trainings already approved by the CCHC Program Manager and the MO Workshop Calendar are approved for use by any contracting LPHA. Approved lesson plans are reviewed by the CCHC Program Manager at a minimum of every three years, and are therefore considered approved if in circulation until otherwise instructed by the CCHC Program Manager.